

**PUSHING
THE BOUNDARIES**



**ARIZONA AND NEW MEXICO
ASSOCIATIONS FOR HEALTH,
PHYSICAL EDUCATION,
RECREATION AND DANCE**

Keynote Speakers:

Dr. Dan Landers, Ph.D.
Arizona State University



Conference Theme
**Enhancing
Performance in
Athletics and the
Classroom**

Lecture Topic:

“Emphasizing the Cognitive
Benefits of Exercise in Our
Rationales for Not Reducing
Physical Education Time
in Schools“

Coach Turner-Thorne
Arizona State University
Women’s Basketball



Lecture Topic:

“Motivating the Athlete
For Optimal Performance“



Conference & Hotel

<http://www.radisson.com/az/nm-hyperd>

April 24 & 25, 2008

Hosted by:

Arizona and New Mexico Associations
for Health, Physical Education,
Recreation and Dance

Arizona State Univ./ Dept. of Exercise & Wellness
Northern Arizona University

For updates on the program,
registration, and other pertinent
information, click onto

<http://www.azahperd.org>

Conference Dining

<http://www.nau.edu/dubois/>

